

Shenz

AT

THE FACE AND BODY CLINIC
THE CUTTING EDGE OF DERMATOLOGICAL TECHNOLOGY

HARLEY STREET LONDON

celebrity quotes

'I love going to see Shenaz at The Face and Body Clinic because they make me feel so welcome. What's so good about their treatments is that they really show results straight away - I'm a big fan of the Ultratone treatment.'

Lady Isabella Hervey

'I love going in to see Shenaz, it's like a restful oasis in the middle of central London. Her treatments keep me looking amazing.'

Lisa Snowdon

'Thank you for making me look even more beautiful!'

Vittorio Grigolo

'Shenaz Shariff is incredible. I loved this facial. The results were immediate. I thoroughly recommend a course to anyone!'

Ruby Hammer

'In 45 minutes my skin felt totally resuscitated, I just love the Oxypeel treatment.'

Normandie Keith

beauty editors

'Erayser is the best permanent hair removal treatment I've tried. It is totally pain free The only thing I felt was the coolness of the probe and six months on, the area is still far less densely populated with hairs.'

Helen Brown *Style Magazine*

'Revitale is a wonder for my skin and I am very thankful to Shenaz for introducing the other natural but powerful treatments available in the clinic. I feel at home when I have the treatments and the genuine smile she welcomes you with is the trademark that differs Shenaz and her team from the others. And, I am a lifetime client wherever you are.'

Aysegul Ekinci *Journalist, UK Representative for Kanal D News*

'The Face and Body Clinic offers innovative skin salvaging solutions for a host of problems from acne to cellulite. Shenaz Shariff is a true professional offering expert advise and excellent care.'

Olivia Falcon *Tatler*

'Shenaz is incredibly innovative, brilliant and effective. I particularly like her treatments because they are non-invasive and I have absolute trust in her. It's a lovely environment to come into and I always look forward to seeing Shenaz and her team.'

Polly Vernon *OM Magazine*

'I left the Face and Body Clinic feeling relaxed with a renewed sense of energy and my face glowed for the rest of the day. The perfect treat!'

Emma Van Hinsberg *Natural Health and Beauty Magazine*

'If you want glow, treat yourself to a Cosmolight session with Shenaz Shariff, beauty therapist to the likes of Kate Moss and Gwyneth Paltrow. Was it worth it? Absolutely. My skin glowed and it felt thoroughly cleansed – and still does.'

Eileen Leahy *Express Hot Stars*

'Erayser can remove hair from any part of your body. First there is the location – Harley Street is the place to go for medical beauty treatments. Secondly, therapist Shenaz Shariff, with her years of experience gives top notch service.'

Catherine de Picarda *New! Magazine*

client quotes

'Shenaz Shariff is an inspiration to the world of beauty. As a long-standing client, I've enjoyed many treatments, including more recently Erayser which is a life changing experience! From my perspective no other clinic could match the dedication and professionalism of Shenaz and her team.'

Sue Evans

'As a male dancer and teacher on the wrong side of 40 I noticed that if looking after my body was not a problem, the same could not be said about my face. Unfortunately to carry on dancing you often have to compete with people who are half your age! Plastic surgery is not necessarily the answer. You may want a less invasive approach and a more subtle result! This is exactly what I get through Shenaz's variety of treatments I tried and cannot get enough of it. Wonderful treatments, amazing results, in a most friendly and relaxing atmosphere. Many thanks to Shenaz and her great team!'

Chris Fedorov

'The Face and Body Clinic is an excellent salon with friendly and competent staff and remarkable treatments both for the face and the body. The Light Refinement facials are the nearest treatment to cosmetic surgery without being invasive and the cellulite treatments will make anyone feel more confident on the beach. In addition the atmosphere, music and artwork create a refuge from the rat-race...especially recommended for the busy business people.'

Canan Maxton

'The Oxypeel – This facial has literally taken years off me. Who needs Botox?'

The Erayser – This the safest and fastest way to remove unsightly hair. I'm addicted.'

Yan Javeri



the beginning

Shenaz Shariff established the Face and Body Clinic in 2003 after 12 years at the Hale Clinic, London, to make surgical alternatives readily available to those unwilling to subject themselves to the risk of anaesthetic or the knife. Today she continues to research and test new treatments and products, working with the world's top doctors and scientists to determine which innovations will work within the parameters of The Face and Body Clinic and its unique philosophy.

philosophy

live life. pamper yourself.
treat your face and body
with care.

The Face and Body Clinic offers non-invasive, therapeutic therapies to those wishing to make the most of their appearance - without undergoing painful surgical procedures. Enter a calm, relaxing oasis on London's famous Harley Street.





treatments

Skin Treatments

Acne / Scarring
Pigmentation
Dark Circles (Eyes)

Hair Removal

Epil-Pro
Erayser

Anti-Ageing

Light Refinement
Anti-Wrinkle
Revitale
SJ3

Pampering

Bergman

Body

Ultra-Tone
Muscle Toning & Inch Loss

Eporex

- Cellulite
- Weight Loss
- Bust Firming
- Stretch Marks

acne/pigmentation

The Face and Body Clinic offers effective treatments to combat the often devastating effects of acne, acne related scarring, hyper-pigmentation, uneven skin tone and chemical and environmental damage.

Oxypeel

A nurturing treatment, OXYPEEL is applied like a facemask but is in fact a relaxing, very gentle peeling treatment - NOT a chemical peel. Working on a natural biological exfoliation process, the peel releases oxygen into the skin, replacing damaged cells with those that have been infused with oxygen. Penetrating deep into the basal layer, the OXYPEEL reveals a radiant, invigorated complexion by targeting these damaged layers and provides an anti-aging boost to boot. Recommended for skin disorders such as acne and facial scarring.

Price £70-£85 per session

Course £380-£460 Course of 6 Treatments are given on a weekly basis for six weeks, followed by a break of two weeks to ensure that the skin doesn't become immune.



Light Refinement



Light Refinement

anti-ageing

Wrinkles, fine lines and skin fatigue are problems commonly battled by needles or the surgeon's knife. The Face and Body Clinic is proud to offer entirely non-invasive therapies using natural/plant based products that guarantee visible results without associated risk or pain of surgery.

Anti-Wrinkle Light Refinement

An advanced treatment drawing on the very latest Swiss technology, Light Refinement uses formulated ampoules, infra-red and blue light as well as bio-resonance wave to aid relaxation, stimulate the skin and encourage cell regeneration. Producing dramatic and long-term improvement to wrinkles and fine lines, Light Refinement is non-invasive and without any of the side effects of the old CO2 lasers, such as scarring, reddening and sunlight sensitivity.

Price £105 per session

Course £755 for 8 treatments to be given on a weekly basis

Revitale

A facial peel – not a chemical peel – that releases oxygen into the skin while drawing carbon dioxide out, toning, tightening and detoxifying the skin. A unique facelift without the surgery that can be booked as a separate treatment or combined with a course of Light Refinement treatments resulting in looking five years younger.

Price £85 per session

Course £320 for a course of 4 treatments to be taken within two weeks.

SJ3 (Aqua Therm Anti-Gravity)

Counters visible signs of ageing on the face and bust by a two-pronged approach – toxins out and nutrients in. SJ3 combats the laws of gravity, creating an instant tightening and lifting yet lasting improvement in the look and feel of the skin.

Price £85 per session

Course Treatments are given on a weekly basis for:
£765 for 10 treatments for Face
£460 for 5 treatments for Bust

permanent hair reduction

The most popular treatment for men and women alike, The Face and Body Clinic offers two options for permanent, pain-free hair reduction.

Erayser

The very latest skin-friendly hair removal method, Erayser supercedes both laser and IPL, is totally pain free and suitable for all skin-types, colours and conditions. It has absolutely no side effects and will work equally well on both men and women. Suitable for both, face and larger areas of the body, Erayser uses light wave therapy or IPT (intensive photodynamic therapy) together with a light sensitive lotion to oxidize and destroy the hair root.

Suitable for facial, underarm, bikini, legs, chest, shoulders, neck and back hair.

Price On application as will vary according to area treated (e.g £55 per session on upper lip)
Course Treatments given every 3 weeks



Light Refinement

Epil-Pro

Based on soundwave technology and - unlike electrolysis - suited to all skin types and conditions, Epil-Pro has none of the common side effects, such as burning, scabbing, pigmentation or pitting and is especially perfect for facial hair problems. Tweezers are used to introduce a current to each individual hair, which travels down the shaft to the base of the follicle. The impact is forceful and causes the surrounding cells to disintegrate, thus cutting off the sole supply of nutrients and oxygen to the hair root. Effectively, the hair root is starved until it eventually dies.

Suitable for facial, underarm, leg, bikini line

Price £19 for 15 minutes
Course Treatments are given every 2-3 weeks



Pampering

pampering

The Bergman Facial

An uber-luxurious facial dedicated to the ultimate in relaxation and indulgence, the Bergman is an adaptation of the exclusive Bergman Facial that has already achieved cult status in the States. Staying true to the original 7-step formula - with masks, massages and a unique ingredient called Beta-Glucan which helps to stimulate the body's immune system - Shenaz has also added her personal touch, incorporating her exclusive Light therapy for added cell rejuvenation.

Price £150 (approx 2 hours)

inch loss/muscle toning - ultra tone

Muscle Toning / Inch Loss

Using the latest Ultratone Futura Pro machine, electrodes are gently attached to the body and stimulate the key muscle groups via electrical impulses. These impulses imitate the body's own natural bio-electric energy and emit a series of different wave-forms to stimulate, tone and regenerate the treated area.

Price £35 per session for Face (30 mins)
£40 per session for Body (30 mins)
£75 per session (60 mins)

Course £320 for a course of 10 (30 mins - Face)
£450 for a course of 12 (30 mins - Body)
£420 for a course of 6 (60 mins - Body)
Available for stomach, bust, thighs, legs, buttocks, arms, post-natal toning, intensive work-out, instant inch-loss. Specially formulated programmes for men also available.

cellulite

Cellulite is an unsightly skin condition that effects over 95% of the women in Britain. With this in mind, Shenaz Shariff researched available treatments for years before finding two completely natural cellulite therapies with impressive success rates – both available at The Face and Body Clinic.

Cellwave

A treatment using bioresonance and mechanical wave vibrations, Cellwave restores the energy of the cell membrane, stimulating circulation and lymphatic drainage. It also helps to break down the fat cells into smaller particles, thereby enabling stored or trapped toxins to pass into the lymphatic system.

Price £85 per session
Course £750 for a course of 10 treatments on a weekly basis.

Eporex - Mesotherapy without needles

A new and unique cellulite treatment using Isophoresis. Eporex sends an electrical wave through mesotherapy ingredients - specially blended nutrients such as vitamins, minerals and herbal concentrates - pushing them painlessly through the skin. The electrical waves stimulate the lymphatic drainage system to encourage the removal of toxins, whilst the formula of nutrients acts to reverse the physiological effects of cellulite and stretch marks by promoting skin rejuvenation. A treatment with proven, long lasting results, Eporex removes not only the cellulite but also any normal fat residing in the targeted area, offering a safe solution to Weight-Loss, Anti-Ageing, Breast Firming and Stretch Marks.

Price £80 per session
Course £500 for a course of 7 treatments to be given on a weekly basis



'The Light Refinement Facial was so fantastic that I had to come back for more. The regeneration of my skin was very noticeable. Shenaz not only has healing hands, but a healing personality.'

Tara Newley

'The Light Refinement is the most relaxing treatments I have had, it left me with an immediate glow and made me feel great!'

Louisa Klein

The Face and Body Clinic
were one of the proud
sponsors of Ben Di Lisi
Spring/Summer Collection 2005

A large, elegant, handwritten signature in white ink that reads "Shenaz". The signature is fluid and cursive, with a long, sweeping underline that extends to the right.

AT

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